



Mission Team Participant Packet

Hispaniola Mountain Ministries
6530 Dogwood View Pkwy
Jackson, MS 39213
www.gohmm.org

Please contact the HMM office for assistance:
Scott Wilson 601.896.3050
Chuck Newton 601.953.4423
info@goHMM.org

Travel Arrangements & Arrival Instructions

SPECIAL NOTE: HMM TEAMS WILL ABIDE BY ALL DOMINICAN OR HAITIAN GOVERNMENT REQUIREMENTS CONCERNING CORONAVIRUS PROTOCOLS WHILE IN THEIR COUNTRY. ALL TEAMS SHOULD BE PREPARED TO WEAR FACE MASKS IN PUBLIC AND FOLLOW ANY OTHER RULES AS LONG THOSE REGULATIONS ARE IN PLACE.

ARRIVAL AND DEPARTURE SCHEDULES:

Arrival: Please plan to arrive at SDQ before 3:00pm so that your team can be transported by bus to the location where you will stay that night. The bus ride from the airport to the location where you will spend the night is approximately 4 – 5 hours. If you are unable to arrive before 3pm, your team may need to make hotel arrangements in order to spend the night in Santo Domingo. If this is the case, we can help connect you with a good hotel. Hotel, taxi and food for the time in Santo Domingo will be the responsibility of the team.

Departure: Please plan to depart from SDQ after 12:00pm on the day of departure to allow time for transportation to the airport. If you are unable to depart after noon, your team may need to make hotel arrangements in order to spend the night in Santo Domingo the night prior to departure. If this is the case, we can help connect you with a good hotel. Hotel, taxi and food for the time in Santo Domingo will be the responsibility of the team.

IMMIGRATION & CUSTOMS DOCUMENTS:

IMPORTANT: Documents for arrival and departure are now required to be completed electronically. Team members must complete both their arrival and departure documents prior to the trip.

Each team member will need to complete the online forms at the link below, and print out the QR codes (one for arrival, one for departure). These QR codes will be necessary for entry and departure in the Dominican Republic.

<https://eticket.migracion.gob.do/>

Your printout will look like this:



For all teams (DR or Haiti), use our Barahona address for your arrival and departure documents:

Address in country: Pronlg. C. de la Rosa 7, Barahona, Cassandra

If your team is going to Haiti, you may still be required to complete paper documents at the Haitian border. Examples of the paper forms can be found below. Have a pen and your passport handy because you will need them to complete the forms.

NOTE: When filling out the white form, write "0" in all applicable places, since you will have nothing to declare, and sign your name. DO NOT mention personal medication on the form - this does not apply.


DIRECCIÓN GENERAL DE MIGRACIÓN
TARJETA INTERNACIONAL DE EMBARQUE • DESEMBARQUE
INTERNATIONAL EMBARKATION • DISSEMBARKATION CARD

SOLO PARA VISITANTES-NO RESIDENTES- / ONLY FOR VISITORS
LENESE FIRMEMENTE EN LETRAS DE MOLDE / PLEASE PRINT FIRMLY

Last Name

Nombre Completo: _____
Full Name: _____
Apellidos / Surname: _____
First Name
Nombres / Name: _____

Sexo/Sex: M F

Fecha de Nacimiento: _____
Date of Birth: Dia/Day Mes/Month Año/Year

Lugar de Nacimiento: _____
Place of Birth: **State you were born in**

Nacionalidad/Nationality: **American**

Ocupación: _____
Occupation: Soltero(a) Single Casado(a) Married

Dirección Permanente: **Your home address**
Permanent Address: Calle y No. / Street and No. **USA**

Ciudad / City: _____ Estado / State: _____ País / Country: _____

Zona Postal / Zip Code: _____

Dirección en Rep. Dom. **Prong. C. de la Rosa 7, Casandra, Santa Cruz Barahona**
Dominican Republic Address: Calle y No. / Street and No. _____

Puerto de Embarque **ie DL 686**
Port of Embarkation: Airport you left from in the US ie ATL Flight No. _____

Puerto de Desembarque **SDQ**
Port of Disembarkation: Flight No. _____

Motivo de Viaje/Purpose of Trip
Recreo Negocios Convención-Conferencia Estudio
Pleasure Business Convention-Conference Study

Visita Amigo y/o Parientes Otros, Especifique
Visiting Friends/Parents Other, Specify

Estadía/Stay Tiempo/Duration of Stay: _____

No. Pasaporte: **Passport Number**
Passport No. _____

Cedula No./Identification No. **Leave Blank**

Sign Here
Firma / Signature _____
(SOLO PARA USO OFICIAL/ONLY FOR OFFICIAL USE)

OBSERVACIONES: **Leave Blank**

FORM No. 001-2008 AUTORIZADO POR LA DIRECCIÓN GENERAL DE CONTABILIDAD GUBERNAMENTAL

 **DECLARACION ADUANERA DE INGRESO O SALIDA DE PASAJEROS** No. **46020282**
CUSTOMS DECLARATION FORM FOR ARRIVAL / DEPARTURE

NOTA 1: La presentación de esta declaración es obligatoria para todo pasajero que salga e ingrese a la RD. La declaración de informaciones falsas o incompletas puede originar penas de prisión, de confiscación de mercancías y de privación de libertad, conforme al artículo 200 de la Ley 3489, del Régimen de Aduanas, y al Artículo 8 de la Ley No. 72-02 Contra el Lavado de Activos. Esta declaración debe ser firmada donde se indica.

NOTE 1: This declaration is mandatory for all passengers entering or leaving the Dominican Republic. Declaring false or incomplete information could cause penalties of seizure of values, merchandise or arrest, in accordance with article 200 of the 3489 Customs Law and Article 8 of the 72-02 against the money laundering. This declaration must be signed where indicated.

Utilice letra de molde por favor / Please print

1. Fecha: **Today's Date** DD MM AAAA / 2. Ingreso / Arrival 3. Salida / Departure

4. Nombre completo: **First Name** Middle Name
Full name: Primer Nombre / First Name Segundo Nombre / Middle Name

Last Name
Primer Apellido / First Surname Segundo Apellido / Second Surname 5. **Apellido de Casada/ Husband's Surname**

6. Fecha de Nacimiento: **Date of Birth** DD MM AAAA / 7. Nacionalidad: **American**
Nationality: American

8. No. de Pasaporte / Passport No.: **Passport Number** 9. ¿Reside en República Dominicana? SI Yes NO
Do you live in Dominican Republic?

10. Dirección en la República Dominicana: **Prong. C. de la Rosa 7, Casandra, Santa Cruz, Barahona**
Address of where you will be staying in Dom. Rep.

11. Medio de transporte: Aéreo/By air Terrestre/By ground Marítimo/By Sea 12. País de origen o destino: **Year**
Country of origin or destination

13. Empresa transportista: **Name of airline** 14. Número de viaje/Trip No.: **Flight #**

15. ¿Trae consigo, o en su equipaje, una suma de dinero (en efectivo o Título Valor) mayor a US\$10,000.00? SI Yes NO
Do you have in person or in your baggage (cash or checks) over US\$10,000.00?

16. En caso de respuesta afirmativa a la pregunta anterior (15) favor escriba la cantidad: **Leave Blank** 17. Tipo de moneda o título: Type of currency or checks: **Leave Blank**
If the answer to the previous question (15) is yes, please write the amount (15) RDS US\$ € Otros (especifique) other (please indicate)

NOTA 2: Las siguientes casillas deben ser llenadas únicamente por personas que ingresan a la República Dominicana
NOTE 2: The following boxes must be completed only by persons arriving to the Dominican Republic.

18. Número de familiares que viajan con usted? **Number of family members travelling with you?**

19. ¿Trae consigo, o en su equipaje, animales vivos, plantas o productos alimenticios? SI Yes NO
Are you bringing with you, or in your baggage, live animals, plants or food products?

20. ¿Trae consigo, o en su equipaje, mercancías sujetas al pago de impuestos (ver instrucciones al dorso)? SI Yes NO
Are you bringing with you, or in your baggage, merchandise subject to payment of taxes? (Please see instructions on back of this form?)

21. DETALLE DE MERCANCIAS SUJETAS AL PAGO DE IMPUESTOS / DETAIL OF GOODS SUBJECT TO TAX

Descripción de Mercancías Description of Goods	Valor en Dólares Value US\$	Para uso de aduana solamente For Customs use only
Leave Blank		

Nota 3: En caso de que la cantidad de artículos sujeto al pago de impuestos exceda las casillas reservadas en el ítem 21, consulte con un Oficial de Aduanas para que le asesore con el llenado del Form. 003-2007 "Declaração Unica-Aduanera".
Note 3: In the event that the amount of articles subject to taxes exceed the boxes provided at item 21, consult with a Customs Officer to be advised on completing the Form 003-2007 "Customs Standard Declaration".

Declaro y juro de conformidad con la Ley y ante la autoridad competente, que los datos declarados en el presente formulario son ciertos y exactos, y me someto a las sanciones que la ley establece al comprobarse cualquier inexactitud u ocultación en las informaciones ofrecidas.
I declare and swear in agreement with the Law and before the appropriate authority that the information declared in this form is true and correct and that I will surrender to the sanctions established by the law in the event of any provision of inaccurate or false information.

Sign Here
Firma del viajero/Traveler's Signature _____

Diseño: Departamento de Organización y Métodos

It is ok to tell people you are on a mission trip.

VISITOR'S CARD:

If you have been to the DR previously, you might recall purchasing a \$10 visitor's card at the Santo Domingo airport. Fortunately, the visitor card system is no longer used and you will not have to stand in line for a visitor card purchase. The visitor card is now part of your airline ticket price.

IMMIGRATION

Arriving at the airport – You will need your passport and the arrival QR code. The officer will stamp your passport and the form. They will give you some forms back for the next checkpoint.

BAGGAGE CLAIM

Your next stop will be baggage claim. Baggage carts will be available if you need one. Many bags look alike (it may help to tie a colored ribbon or do something to your bag so you will be able to find it easily). On the chance that your bag is lost, go to the baggage desk on the far wall and fill out a claim form. Without this form, your bag may never be located. Have your baggage claim checks handy, as these will be collected just before customs check.

DO NOT LEAVE YOUR BAGS UNATTENDED

CUSTOMS

Once your bags are collected, move up to the customs inspector as a group. Be prepared for an inspection or just allowed to walk through. You received a white duty form on the plane to fill out. Give this form to appropriate customs agent. After you are through customs head out the door to the outside as a group. Go on out of the way and wait for the rest of your group.

LOCATING YOUR HMM GREETER AT THE AIRPORT:

The bus driver and your HMM representative will be waiting for you at the exit of the airport. The HMM representative / greeter will be holding an HMM sign at the exit of the airport. Make sure you keep your hands on your luggage at all times.

If for some reason you are not met by your designated pick up person (***THIS SHOULD NEVER HAPPEN – BUT JUST IN CASE***), wait at least two hours at the airport before making alternate plans.

First try to reach try to contact Scott Wilson (601) 896-3050 or Chuck Newton (601) 953-4423. If you are unable to reach Scott or Chuck, call Michael Acosta (HMM's Dominican Director) at (829) 619-5233.

As a last resort, the team can contact the Hampton Inn. HMM has a partnership with the Hampton and the hotel has English speakers at the front desk. The team can request a hotel shuttle to pick you up at airport but may have to take a taxi(s) to the hotel if the hotel shuttle is not running. A taxi will cost approximately \$20 per taxi. You can wait for information and help at the Hampton. The number for Hampton Inn is (809) 375-4000.



Address:

Autovía Las Américas, Km 27, frente ITLA

La Caleta, Santo Domingo

+1 809 375 4000

Medical & Age Requirements for Team Members

MEDICAL REQUIREMENTS

There are no medical requirements to enter the country. If you choose, you can take medication to prevent malaria. It must be started before you leave the United States and be continued after your return. You can receive shots to prevent hepatitis. It is a good idea to have a tetanus booster if you are overdue. Please check with your physician or local health department for any recommendations and make your own decision. You can also go to www.cdc.gov/travel to see the recommended immunizations, medical precautions, as well as handling any prescription medications you may be bringing with you.

MEDICATIONS

If you are on a prescription medication during your trip, please inform your team leader and make sure it is listed on your form. Medications should be in its prescribed container with the prescription number, your name, name of your physician, and name of medication on it. Pills in unlabeled containers could be confiscated at customs.

AGE

HMM welcomes minors and families serving on a mission team as long as the minor(s) are mature enough to be on the team and have proper oversight while on the trip. HMM has hosted many minors on mission teams and it has virtually always been a positive experience for all. Minors (persons under the age of 18) should be accompanied by their parent(s), or have an adult, legal guardian assigned to watch over the minor while out of the country.

HMM's position on the inclusion of minors is that the sending church / organization is accepting the responsibility for any minors they allow on the team. This includes pastoral / mature evaluation of the minor's suitability to join the team, and the assurance of the parents' or guardians' full understanding and consent for participation. Additionally, the minor's health, safety and supervision are ultimately the responsibility of the team while on the trip.

As a mission organization and partner, HMM asks that you exercise due diligence in accepting minors on the team, and that you ensure both parents have given their full consent for the minor's participation. Our advice for taking a minor out of the country is to be absolutely certain that you have the written permission of both parents or legal guardians. We highly recommend the form found below (or a similar form) to be completed, notarized, and kept on file with the sending church / organization as documentation of parental authorization. It is also wise to have a copy of the of the notarized form with team to show to immigration if ever needed.

HMM does not require the form to returned to us but highly recommends that the sending church / organization have it on file at their location.

Parental Travel Consent for Minor / Signature and Notary Form

I / We, _____, hereby authorize my / our minor child to travel out of the United States/Canada with an appointed adult guardian and through _____ (sending church / organization) during the elected dates of _____.

I / We give authorization to the adults / chaperones serving on behalf of _____ (sending church / organization) to act as my agents.

Participant / Minor's Name (please print) _____

1. Parent Name (print) _____

Parent Signature _____

Date _____

2. Parent Name (print) _____

Parent Signature _____

Date _____

To Be Completed by Notary

State of _____

County of _____

Signed or attested before me on (date) _____ by [names of person(s)]
_____ and _____

(Signature of notarial officer) _____

Expiration date: _____

(seal)

Helpful Packing Information

1. Please check your airline's baggage allowances before packing. Also, the carry-on has to meet certain size requirements for overhead storage. **Tying a bright colored ribbon can make bags easier to identify.**
2. Make sure that you put at least one set of clothes and items you REQUIRE daily in your carry-on just in case your luggage does not make it.
3. Remember that there are size requirements that you cannot exceed for liquid contents in your carry-on bags. Please check current TSA regulations. Larger sizes may be put in your checked luggage.
4. Put some snacks in your carry-on – the first day traveling is long, the airlines don't supply much, and you do not stop for lunch. You can't take your own drinks on the plane in your possession or carryon because they exceed the size limit. You can put drinks in you checked luggage. HMM will have water for you on the bus.
5. Sheets, pillows and towels are provided. HMM is always in need of more of these items. If you can, bring your own and leave them at the facility.
6. We will have orientation when we get to the mission base and get settled.
7. Summer clothing is appropriate with the high temperatures and humidity. Please choose modest clothing that is comfortable, loose fitting, lightweight and washable.
8. Make sure that you pack a pair of comfortable walking shoes.
9. You will want to bring sunscreen and a hat. Long sleeves may be necessary if you are sensitive to the sun or for night trips down the mountain.
10. Swimwear will be necessary if time permits and you plan on swimming. Please be modest when deciding on what swimwear to pack. It is recommended to wear some sort of footwear to avoid stepping on sea urchins.
11. Ladies will want to pack a small roll of tissues and hand sanitizer for the trip in and when you are in route to other places.
12. You will want to use unscented items if at all possible to help cut down on the bug attractions.
13. DRESS CODE:
 - Women – Always be modest in dress. No tank tops or form fitting clothes. Shorts should be long. If wearing leggings, please wear a shirt that will cover your rear end.
 - Men – No tank tops, no offensive or inappropriate graphics on t-shirts or hats.
14. Take plenty of patience and flexibility – except interruptions, delays, snags and headaches

Do not bring hairdryers, straighteners, or curling irons. The wiring and electrical systems cannot handle these high wattage items and they will likely damage the system.

Special Items to Pack:

- Bible and journal
- Refillable water bottle
- Flashlight and batteries
- Sunscreen / hat
- Hand wipes and antibacterial gel
- Toiletries
- Snacks – especially for the trip in and out or if you are a picky eater
- Medication and personal items
- First aid medications such as Imodium, Tylenol / ibuprofen
- Flip flops for shower
- Light jacket for nights – will need when you go up in the mountains
- First aid medications such as Imodium, Tylenol / ibuprofen
- Insect repellent – wipes work great for sticking in a zip lock and putting in pocket
- Spending money for souvenirs and soft drinks
- Anything else that you know you have to have – there is very limited access to stores and very limited items available on the island
- Phone and other chargers (electrical outlets are the same as in the states)
- Church clothes –

Men should wear long pants and collared shirt.

Women typically wear a long skirt and shirt.

Communications:

Most locations do not have internet. The best way for you to stay in contact with loved ones is by using your personal cell phone and an international plan. Facilities in the DR and Haiti will have reasonably good cell phone coverage, except for Santa Elena. If your team is staying in Santa Elena, you will be able to go to a spot with cell coverage at least once a day.

Check with your provider so that you are well aware of rates and usage limits.

Hispaniola Mountain Ministries Guidelines

We at HMM are delighted that you will be sharing some time with us on the mission field in Haiti and/or the Dominican Republic.

We make every attempt to make your trip accident and incident free. Therefore, we have listed some rules that you **MUST** follow. The rules are simple and are implemented for your safety. Remember, you will be in a foreign country.

WHILE IN HAITI OR THE DOMINICAN REPUBLIC...

- NEVER give your address, phone number, or e-mail to ANYONE.
- NEVER promise help or support to anyone. If you see a need that you want to meet, discuss it with HMM staff before making any promises or donations. HMM staff will know best how to handle the situation.
- Never leave the mission base area alone. NO ONE should be outside the mission base after dark (unless going somewhere with a group).
- Always ask the permission of the one being photographed before taking a photo. Women prefer to have their hair done and a nice dress on first. Kids generally don't care at all, and may even hound you to take their photo. We never pay for photos. Please understand that there will be some people who are offended even at the idea that you want to take their photo. Don't take it personally.
- STAY HEALTHY by not drinking water from the faucet or eating food that may be unsafe. Drink only bottled water.
- REMEMBER to keep your passport in a safe place. You will need it for leaving the country and entering the US.
- CULTURE SHOCK – try to understand that you will always be a novelty during your stay. You will attract attention and draw a crowd almost wherever you are and whatever you do. People will enjoy standing around watching you as much as you will be watching them. To the people of the DR and Haiti, you are a “rich American” and may be constantly asked for money (one dollar) and many other things. **The general policy is not to give handouts.** If you would like to give something to someone, please check with the HMM leader so that it can be channeled properly. This is an issue you will probably struggle with at some time (if not all the time) during your stay.
- EVERYONE is expected at all meals
- STAY SAFE by behaving appropriately in vehicles so as to secure your own safety and the safety of others.
- Tips for HMM staff, cooks, translators are welcome but not required. Give any tip money to your HMM leader for proper distribution. A good guideline is \$10 to \$20 per team member.

While staying at an HMM Facility or Hotel:

- Please do not go out in the community alone. We are in a safe community but we ask everyone to stay in groups when walking beyond the walls of the mission base.
- Please do not invite/allow any guest into walls of the mission base. We have many friends in the community but we ask that no one outside of the team you traveled to the island will be invited/allowed in the walls of the mission base. Special exceptions can be made but must be approved by HMM Staff.
- Please do not invite anyone to join your group for a meal.
- No adult is to be alone with any child (except his/her own child) at anytime.
- Please do not set thermostats below 65 (18 C). Units will freeze and cease to work. It is hot even with fans and air-condition running.
- Please turn lights off when leaving a room.
- Please place ALL toilet paper in wastebaskets. Flushing paper or other products will damage the plumbing / sewer system.
- HMM Mission Base is an alcohol-free facility – no exceptions.
- Please do not take any HMM mattresses, pillows, sheets, etc. to the roof. You may sleep on the roof but only if you use your personal bedding – no exceptions. (Barahona location)
- Please do not throw items from the roof or balcony. (Barahona location)
- Please return dishes to the kitchen after each meal.
- If under the age of 18 yrs old, you must have parental consent to ride any vehicle other than the HMM truck or transportation provided by HMM. (No motorcycles)
- Please ask for permission before using the kitchen or items found in the kitchen. The exception is the coffee pot. It is there for your use.
- Please keep personal snack items in plastic bags in the rooms.
- Please reuse towels when possible.
- Please reuse water bottles when possible.
- If you set something down outside the mission house, it will disappear. Keep items in sight or on you at all times.

WARNING!

Travel Advisory

With today's new security regulations for the flying public, we all must be more careful of how we conduct ourselves at airports and on the aircraft.

Since September 11th, we have been on dozens of airplanes with no problem at all but there are certain things that you can and cannot do.

Be at your departing airport at least two hours prior to take-off.

Do not take photos in the airport, near immigrations or customs areas.

Never joke about or mention the words: knives, guns, bombs, terrorists or such things. If you do, you will be pulled out of line and possibly arrested. Once on the plane do not use these words. Everything is taken seriously. NO JOKES.

Do not carry-on your person or in your carry-on luggage any of the following: pocketknife, nail file or clippers, knitting needles, or anything that is sharp and could be classified as a weapon. If you do, it will be confiscated and you will not get it back.

When you do pass through security, place your carry-on luggage on the x-ray belt. Empty your pockets of any metal items: keys, coins, foil wrapped candy, wallet, etc. and place them in the provided plastic trays. Then place your jacket on the belt.

Walk through the metal detector. If the alarm sounds, they will do a body scan to see what tripped the alarm (such as watches, metal glasses, coins, some shoes will do this). Follow the instructions of the people in charge. No joking at all.

After you clear, claim your other items on the belt and let them open and inspect your carry-on bag if they request. Once you are cleared, proceed to your departure gate.

DO NOT ever leave your carry-on or other luggage unattended at ANY TIME!!!!

When they load the plane you may have to show a photo ID, passport or driver's license.

Dominican Republic Cultural Information

The Dominican Republic was one of Columbus's first discoveries in 1492. It is situated with the Caribbean Sea to the south and the Atlantic Ocean to the north, and is roughly twice the size of New Hampshire.

Historically, the Dominican economy has been driven by the production of sugar, coffee and tobacco. These cash crops are still very important, but recently tourism has become a major component of the economy. According to the latest official poverty data, more than a third of the country's total population lives in poverty, and almost 20 per cent are living in extreme poverty. In rural areas poor people constitute half of the population. The poorest of the poor include Dominicans of Haitian origin living in the border areas. They are particularly vulnerable, and they suffer not only from low incomes and poor living conditions but also from social exclusion. In all groups, women who are heads of households and children are extremely vulnerable. Because they are without proper documentation such as birth certificates and identity papers, about 20 per cent of the poorest Dominican families do not benefit from most types of social assistance programs. The highest incidences of poverty and extreme poverty occur in the Dominican-Haitian border regions, particularly in the mountainous areas, and also in the lower valleys where there is a high concentration of slums, called bateys. Bateys are communities settled by extremely poor Dominicans of Haitian origin and migrant seasonal workers from Haiti who work on the sugar cane plantations.

The people of the Dominican Republic are surely some of the friendliest people in the Caribbean, if not the world. This country hosts a multi-racial and multi-cultural society of over eight and a half million people, with three quarters of mixed origin and the other quarter of either European or African descent.

The Dominican Republic is 68.9% Roman Catholic, 18.2% Evangelical, 10.6% with no religion, and 2.3% other.

The Dominicans have a very on and off job possibilities. One of the most common jobs as far as "regular work" will be in construction where they would make about 400 pesos per day. A man making the blocks may make 800-1000 pesos a day. The only problem with construction work is that it is few and far between. They may get lucky and find construction work for one week out of two to three months. The construction is done little by little when they get a little money from the USA or Europe. There is another job called Moto taxi (concho) that a person may make between 100-350 pesos per day. You will see them everywhere like ants. There will be other jobs for women like cleaning a house and washing clothes. The pay will depend on how much and how long every day/week/month. They don't have the luxury of three meals a day – they are lucky to get three meals a week sometimes.

Haiti Cultural Information

Haiti is a Caribbean country occupying the western one third of the island of Hispaniola, sharing the island with the Dominican Republic. It is about the size of the state of Maryland, 50 miles from Cuba, and 600 miles from Miami, Florida. Haiti, the first independent black republic, has historically been poverty stricken due to a variety of factors such as war and war debt, occupations and dictatorships, isolation and racism. These factors are still impacting Haiti today along with current economic and environmental factors such as international aid sanctions, internal political conflict, and deforestation that leads to soil erosion and flooding, hurricanes, etc.

The average Haitian earns less than \$3 a day, and survives on a mere \$1 per day. There have been estimates that 1 percent of the country's estimated 10 million people control nearly half its wealth. More than half of the population lacks access to clean water or sanitation. Fifty percent of the population is undernourished, with one in five children underweight or under-height for their age. Twelve percent of Haitian children die before their first birthday, and one third do not make it to their fifth. According to a 2004 U.N. report, Haiti ranks with Afghanistan and Somalia as one of three countries of the world with the worst daily caloric deficit per person with 2.4 million Haitians unable to afford the minimum 2,240 daily calories recommended by the World Health Organization. In addition, only one in every 10,000 Haitians has access to a physician. Today most Haitians are Christian and 50-60 percent Roman Catholic. The number of Protestants has been growing steadily, although Baptist and Pentecostal are the largest registered denominations, many others are represented. Many Haitians continue to practice Voodoo or incorporate Voodoo into Christianity as has been done for several hundred years.

Even with all the struggles that Haiti faces, there remain a people with open arms and smiling faces. It is a culture rich in music, art, and storytelling. The land is graced with beautiful beaches and breathtaking mountains. Some positive things Haiti is known for include: Haiti is said to have the best beach in the Caribbean, they were the first Caribbean country to ever qualify for the soccer World Cup finals, artists in Haiti produce nearly all the crafts sold for tourism in the Caribbean, and it is the second largest exporter of Mangos to the U.S. (Arthur, 2004, pp.19-20) . A trip to Haiti is truly a life changing experience full of beauty and sorrow it will give you a better appreciation for the strength of these amazing people.

HAITIAN CREOLE

&

SPANISH

Basic Haitian Word List

It is fun to learn something new. Many Creole words are easy to learn. Below you will find several words along with the English translation. Get together with other team members and have some fun.

COURTESY

hello (a.m.)...	bonjou
hello (p.m.)...	bonswa
goodbye...	orevwa, babay
please ...	souple
thank you...	mesi
you're welcome..	padikwa
excuse me...	eskize-m, padon

CONVERSATIONAL SENTENCES

How are you?.....	Kouman ou ye?
What is your name?...	Konman ou rele?
My name is _____	Mwen rele _____.
How old are you?...	Ki laj ou Gen?
I am fine....	Mw en bien
How much is that?...	Konbien sa?
I don't understand...	Mwen pa konprann
Where do you live...	Kote ou rele
Do you know Jesus?...	Eske ou konne Jezu
Jesus loves you...	Jezu renmen ou.
I will pray for you...	Ma prie pou ou
God bless you...	Bon-Die beni ou
Praise the Lord...	Beni swa léternel
How do you say _____?...	Douman ou di _____?

Basic Spanish Word List

It is fun to learn something new. Below you will find several words along with the English translation. Get together with other team members and have some fun.

COURTESY

hello (a.m.)...	Hola
hello (p.m.)...	Hola
goodbye...	adiós
please ...	por favor
thank you...	gracias
you're welcome..	de nada
excuse me...	perdón

CONVERSATIONAL SENTENCES

How are you?.....	¿Cómo está usted?
What is your name?...	¿Cuál es tu nombre?
My name is _____	Mi nombre es _____
How old are you?...	¿Cuántos años tienes?
I am fine....	Yo estoy bien
How much is that?...	¿Cuánto es eso?
I don't understand...	No lo entiendo
Where do you live...	¿Dónde vive usted?
Do you know Jesus?...	¿Conoces a Jesús ?
Jesus loves you...	Jesús te ama
I will pray for you...	Rezaré por usted
God bless you...	Que Dios los bendiga
Praise the Lord...	Alabado sea el Señor
How do you say _____?...	¿Cómo se dice _____?...

Share your story...

Our prayer for every team member who travels with us to the Dominican Republic and/or Haiti is that he or she will see and experience God in new and life-changing ways. And when you do -- we anticipate you will be ready to tell the world!

We want to share your stories with the HMM community, and there are a few ways we need your help!

1. Include #goHMM when you post on Facebook, Instagram, Twitter & other social media. This helps us find and share your stories with the HMM community. Be sure to change the privacy settings on your FB posts to "public" so we can share your pictures and posts from the HMM Facebook page.
2. Email us stories and content for HMM social media. We are always looking for stories of how God is working through our ministries - on the island and at home. If you have a story to share, please send it to us at media@goHMM.org. Don't worry about it being "perfect;" just send us what He has put on your heart.
3. Choose a team member to be the team photographer and/or guest blogger for the HMM website. If someone on your team is gifted at photography and/or writing, let them be your team journalist for the week. Connect them with our communication staff prior to leaving so we can share stories and photos from your experience.
4. Choose a team member to be included in a Facebook Messenger Group so they can share pictures through the week with our staff to be posted on HMM social media for updates. Please send an email to media@gohmm.org with this person's contact info.
5. Share your post-trip videos and slideshows with us. We know many of you share about your week on the island with your local church family and we'd love to share the media presentations you create with the larger HMM family! Send us links and files at media@gohmm.org.

Find us on Facebook, Twitter & Instagram @goHMM.
www.goHMM.org